

# **School Basics**

## ***Hours***

Monday	8:00 - 4:00
Tuesday	8:00 - 5:00
Wednesday	8:00 - 5:00
Thursday	8:00 - 3:15
Friday	8:00 - 5:00

CORE students in Instructional Sports Teams have the option of a 2 or 3-day sport week. If the student chooses to participate in the 2-day sports option, he/she will be dismissed at 3:00 on Wednesdays. Students in Junior Varsity teams are required to participate in the 3-day sport week, Varsity teams 4-day sport week.

## ***Fall Sports***

Soccer for all of CORE and Group 1: Soccer cleats and shin guards needed.  
Soccer/Running/Theater are options for Group 2 – 5

## ***Lunch and Snacks***

Teenagers are always hungry! Please pack a lunch and some healthy snacks. They will have a 50" lunch period plus two breaks each day. Tuesdays are Tutorial Lunches, so pack a lunch that does not need to be heated in a microwave.